



## ABOUT LAKEVIEW HEALTH HOLDINGS

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Founded in 2001, Lakeview Health Holdings is comprised of a corporate office in Deerfield Beach, Florida and three addiction treatment and recovery centers. Over the past 17 years we have treated 20,000 individuals.

## OUR MISSION

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We are committed to healing the lives of individuals, families, and communities by navigating them through their recovery journey.

## OUR VALUES

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- Integrity
- Trust
- Accountability
- Caring
- Putting Patients First
- Teamwork
- Commitment to Quality
- Respect

We offer integrity in all endeavors. We believe in being honest, transparent, and delivering the best care possible. To do this we draw upon the most current research and data-informed practices to deliver an integrated health approach.

## ABOUT STEPPING STONE CENTER FOR RECOVERY

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Opened in 2006, Stepping Stone Center for Recovery is a co-ed drug and alcohol treatment facility located in Jacksonville, Florida. The campus offers simplicity with a clinical building where treatment and meals are provided and a separate building designated to quiet, semi-private bedrooms and lounge spaces for on-campus living. We have 29 on-campus beds for detox and inpatient levels of care and 20 off-campus beds for partial hospitalization and intensive outpatient levels of care. Transportation is provided to and from campus for individuals who reside at the provided off-campus apartments.

## WHO WE SERVE

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Stepping Stone Center for Recovery offers comprehensive, high quality treatment for adult men and women who struggle with substance use disorders as well as underlying co-occurring disorders.

### Primary Diagnosis:

- Substance Use Disorder
- Alcohol Use Disorder
- Opioid Use Disorder

### Co-Occurring:

- Trauma
- Post-Traumatic Stress Disorder (PTSD)
- Depression
- Mood Disorders
- Personality Disorders
- Anxiety
- And more

## ACCREDITATIONS, CERTIFICATIONS, LICENSES, AND MEMBERSHIPS

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## MEDICAL MODEL

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Led by board certified medical providers and licensed therapists, our multidisciplinary team works to ensure individuals have the skills and healthy coping strategies necessary for life beyond the treatment environment.

- Ability to address and treat acute medical needs
- Onsite full-time psychiatric and medical physicians
- Offer medication management

## CLINICAL PROGRAM

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Masters-level and licensed clinicians trained in dual-diagnosis and addiction treatment. This is a 12-step based program with individualized treatment plans that utilize the specialty groups, services, and programs offered.

## LEVELS OF CARE

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- Medically Monitored Detox
- Inpatient Rehab Program
- Residential Treatment
- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)

## PROGRAMS AND SERVICES

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- Neuropsych Testing
- Medication-Assisted Treatment (MAT)
- Fitness and Wellness Coaching
- Certified Recovery Coaching
- Aftercare Services
- Alumni Program

## MODALITIES USED

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- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Family Therapy
- Motivational Interviewing
- Trauma-Informed Care
- Wellness
- and others

**Average Length of Stay:** 42 days

## INTAKE SERVICES

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- 24/7 admission process, 365 days
- Admission process managed by trained staff in recovery
- Full service transportation is arranged
- Commitment to patient follow-up prior to admission

## 2018 PATIENT SATISFACTION SURVEY (JANUARY-JUNE 2018)



# 93%

93% of patients felt the overall quality of care and services at Stepping Stone Center for Recovery was positive.